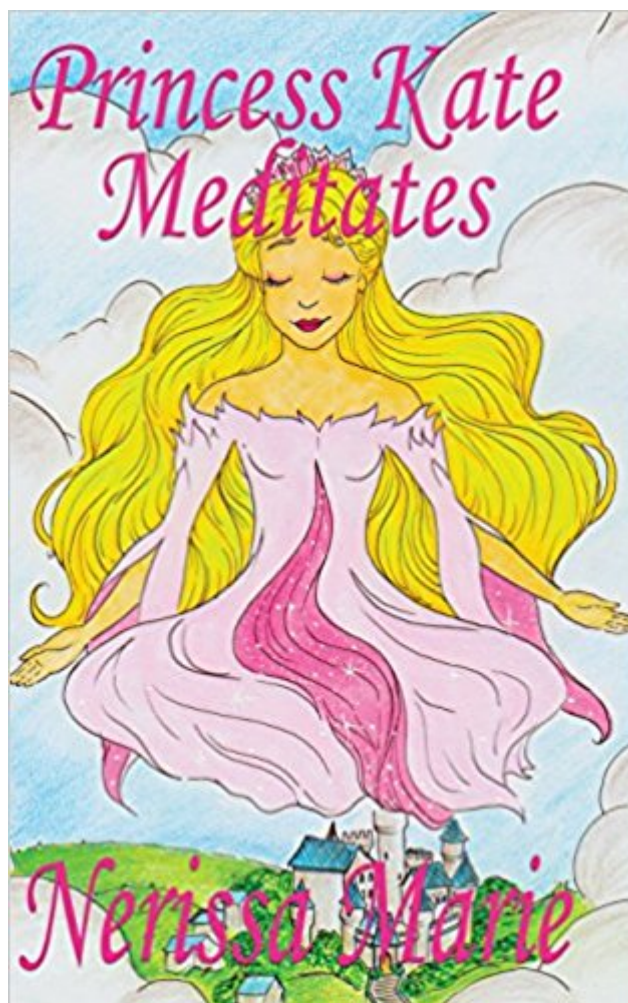


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# Princess Kate Meditates (Children's Book About Mindfulness Meditation For Kids, Preschool Books, Kids Books, Kindergarten Books, Kids Book, Ages 2-8, ... Stories / Picture Books / Kids Books)





## Synopsis

Princess Kate Meditates is a positive, peaceful, inspirational story book, sharing meditation and mindfulness for children. Each child is unique, it is important we nurture our children so they express themselves with love, light and joy. Meditation helps create a space where it is safe to feel and let go. It is a wonderful way to connect to the light of our being. Princess Kate, loves to meditate. One day deep in bliss, she levitates high into the sky, leaving behind her friends and family. Prince Ravi Yogi arrives at the kingdom offering to help bring, Princess Kate, back down to earth. Will they listen to his advice? Or will Princess Kate, forever float above the palace, just out of reach? Princess Kate Meditates is a, inspirational book sharing happiness, meditation and enlightenment. Bedtime stories for kids, picture books are a wonderful way to build self-esteem and compassion. When a child discovers inner peace, they become angels of love guiding all those who surround them. This bedtime story is created with the intention that your child may adventure within to find happiness, and discover the confidence and courage to shine bright! This is a wonderful kids picture book for beginning and early readers. Filled with bright, enchanting illustrations for younger readers! This kids book is especially great for conscious kids, and parents who wish to encourage their children to embrace themselves and shine bright as can be! Positive bedtime story for kids Excellent for beginning and early readers Short Moral stories for kids Read aloud Loving bedtime story Inspirational stories for kids Spiritual adventure This is a great inspirational bedtime story to share with friends and family. Encouraging: Self-Confidence & Self-Esteem Mindfulness Meditation Inner Calm Happiness and Joy Compassion World Peace Positive Thinking and Affirmations Love Scroll up and click [buy](#); and spend some quality time with your child! tags: bedtime stories, short stories, short stories for kids, books for kids, kids books, children's books bedtime stories for kids, bedtime storybook, kids stories, bedtime stories for children, bedtime reading, free childrens books, kids stories, stories for children, kids ebooks, stories for kids, children's books stories, children books, early reader, beginning reader, kids comedy free ebooks, ebooks free, stories for kids, preteen, beginning readers, beginner reading, kids stories, children stories, best children's picture books, children chapter books, books for children, free kids books, reading book, kids reading, stories for children, children stories, toddler books, story books for kids, picture books, kids books online, children book, kids story, kids reading books, best books for kids, adventure stories for kids, short moral stories for kids, childrens stories, book for kids, inspirational books, preschool books, children's books, kids picture books, books for kids, bedtime stories for kids, kids books, children's books, short stories for kids, children books, kids reading, kids stories, bedtime stories, short moral stories for kids, adventure stories for kids, inspirational stories

for kids, children's picture books, bedtime stories for kids, stories for children, meditation for kids, mindfulness for kids, yoga for kids, happy kids, kids self esteem, kids confidence, kids meditation, guided meditation for kids, indigo children, happy children, meditation for children

## Book Information

Series: Bedtime Stories / Picture Books / Kids Books (Book 1)

Hardcover: 30 pages

Publisher: Childrens Books Kids Books (June 3, 2016)

Language: English

ISBN-10: 0987434152

ISBN-13: 978-0987434159

Product Dimensions: 6 x 0.2 x 9 inches

Shipping Weight: 8.2 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #10,569,546 in Books (See Top 100 in Books) #52 in [Books > Children's Books > Literature & Fiction > Religious Fiction > Hindu](#) #3796 in [Books > Children's Books > Geography & Cultures > Royalty](#) #12980 in [Books > Children's Books > Literature & Fiction > Short Story Collections](#)

Age Range: 2 - 8 years

Grade Level: Kindergarten - 3

## Customer Reviews

Best new children's preschool books! Princess Kate Meditates bedtime stories are an inspiration to read to my children. - Sunshine Post Gazette  
One of the best children's picture books for mediation and spirituality! - New York Publications  
Spiritual enlightenment and meditation for children within the Princess Kate meditates bedtime stories, it is a magical inspiration to read to my children. - Book Author  
A positive uplifting spiritual adventure for happy kids and happy family's, this bedtime story book is a joy to read - Bella Raw Magazine

Books for kids: Nerissa Marie is a self-help author, children's book author, motivational speaker and naturopath, focusing strongly on personal development. Her vision is to empower and inspire all to embrace their divine nature. She sends blessings and smiles to all who surround her. Her children's books and bedtime stories for kids are great for conscious children, and parents who want to encourage their kids to embrace themselves and shine brightly. Nerissa Marie loves writing positive,

inspirational children's books to help your child shine bright! Laughter, joy, and self-love feature in all her kids books. Her creativity, vivid imagination and positive attitude inspire her as a children's book author to bring joy, mindfulness and love to all. As an early reader she adored the characters and joy that sprung to life from the pages of her favourite kids books. This passion for reading motivated her to create inspirational bedtime stories and children's books that promote positivity, meditation, mindfulness, confidence, courage and healthy self-esteem. She visualises a peaceful planet Earth where all beings are live in harmony. Where all are accepted and encouraged. Where healing our heart is a priority and speaking our truth comes naturally. With all beings feeling safe and loved. Life is a gift, and it's so important that we all come together to help each other rise and discover the truth of our eternal nature, Divine Love. We all have the power to change the world and it's Nerissa Marie's passion to empower early readers through inspirational kids books. She also loves to inspire adults to feel safe in the present moment, accepting where they are at and feeling peace in the now. She dedicates her writing to co-creating a peaceful and compassionate world. A world embracing service to humanity, spiritual healing, love for all, and joy. Her goal is to serve universal spirit and realise eternal love. As so many gifted, indigo children and sensitive children are present on the planet Nerissa Marie creates children books with positive intentions and bedtime stories for kids who are looking for children's books filled with adventure stories for kids, positive messages, affirmations, and inspirational stories. Books for kids filled with short moral stories of love, joy, mindfulness meditation, positive thinking and affirmations. Positive short moral stories for kids are a gentle way to encourage self-worth and self-love. 'Life is powered by your divine light, sparkle like the sun and always have fun! Believe in the magic of you!' - Nerissa Marie

**BOOKS FOR KIDS**

- \*Princess Kate Meditates: Children's book about Mindfulness Meditation for Kids (Short Moral Stories for Kids, Dream Bedtime Stories for Kids, Kids Picture Book, Kids Book, Kids Reading Books for Kids)
- \*Thomas Discovers The Purpose Of Life: (Children's book about a Life Purpose, Short Moral Stories for Kids, Dream Bedtime Stories for Kids, Kids Picture Book, Kids Books, Kids Reading Books for Kids)
- \*Princess Plum Learns Positive Thinking (Short Moral Stories For Kids)

**Kids Books - Adventure Dream Bedtime Stories For Kids - Children Books - Kids Reading - Children's Picture Books - Children's Book**

\*Other books and stories available on , Kindle, Kobo, IBook store all good retailers and NerissaMarie.com

**NERISSA MARIE'S CHILDREN'S BOOKS AND ADULT BOOKS ENCOURAGE:**

- \*Self-Confidence & Self-Esteem
- \*Spirituality
- \*Mindfulness Meditation
- \*Inner Calm
- \*Happiness and Joy
- \*Compassion
- \*World Peace
- \*Enlightenment
- \*Love

**BOOKS FOR KIDS**

- \* Princess Kate Meditates
- \* Thomas Discovers The Purpose of Life
- \* Princess Plum Learns Positive Thinking

**ADULT BOOKS:**

- \*Paris Mafia Princess Thank You for your love, light

and support it is genuinely appreciated. <http://nerissamarie.com/about>

Beautiful! Lovely kids book. The pictures are gorgeous and it teaches about positive, mindfulness meditation in a fun and relaxed manner. I love there are detailed pictures on each page. The story is enchanting, adventure which will inspire children to learn meditation. Highly recommended if you'd like to inspire your children with positive, uplifting, inspirational story books that can help your child find inner peace. This kids picture book has helped my child to be interested in meditation and also given her tools to feel present when she is restless. Such a blessing! A very fun, well drawn, and colorful book, children will marvel gleefully at the gorgeous illustrations. The clever way Nerissa Marie tells the story makes it remarkable and memorable for children. The word usage is simple and charming. This is a book that's both gentle and sweet a wonderful bedtime story that encourages children to be healthy, confident, aware and self-assured. Highlighting the importance of following your dreams and how this can brighten the world :) Very easy to enjoy, highly recommended.

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Princess Kate Meditates (Children's Book about Mindfulness Meditation for Kids, Preschool Books, Kids Books, Kindergarten Books, Kids Book, Ages 2-8, ... Stories / Picture Books / Kids Books)  
Princess Diana: Her Royal Story and Lessons for Life Changing Success: Princess Diana Revealed (Princess Diana, British Royalty, Royal Biography, Dead Wrong, Kate Middleton, Princess of Wales Book 1) Children's Book: THE DAY MY MOMMY QUIT! (Funny Rhyming Picture book about a family who learn a lesson, Picture Books, Preschool Books, Ages 3-5, Kids book, ... Series-(Beginner Readers Picture Books) 1) Children's Books: The Princess Who Wanted a Friend: (A preschool bedtime picture book for children ages 3-8) Letter Tracing Practice!: Ages 3 - 5, Workbooks (Preschool - Kindergarten) (Handwriting Workbook Ages 3-5) Poor Little Pencil: A Happy How-to-Hold the Pencil Book (Rhyming Picture book, Toddlers, Preschool, Kindergarten, Pencil grips, Teaching Pencil Grip, Ages 3-6, Handwriting, OT 1) Bedtime Stories for Kids: Short Bedtime Stories for Children: (Bedtime Stories for Babies, Bedtime stories for Kids Ages 4-8, Uncle Nick's Bedtime Stories ... (Uncle Nick's Bedtime Stories for Kids) Mindfulness: Mindfulness for Beginners: How to Live in The Present, Stress and Anxiety Free (FREE Bonus Gift Included) (Mindfulness, Meditation, Buddhism, Zen) Short Adventures of a loooong Dog: Children's book about funny long dog, Adventure book, Book For Kids, Picture Books, Preschool Books, Ages 3-5, Baby Books, Kids Books, Reading before bedtime Books for kids: Toby Makes a New Friend: (Children's book about a Little Tugboat in Kalk Bay harbour, Picture Books, Preschool Books, Ages 3-5, Baby Books, Kids Book, Bedtime Story) A Kiss For Grandma: (Children's book, Book For Kids, Picture Books,

Preschool Books, Ages 3-5, Baby Books, Kids Book, Bedtime Story) Guided Mindfulness Meditation: A Complete Guided Mindfulness Meditation Program from Jon Kabat-Zinn Bedtime Stories for Children: Short Bedtime Stories for Kids: (Bedtime Stories for Babies, Bedtime stories for Kids Ages 4-8, Uncle Nick's Fun Bedtime ... Nick's Bedtime Stories for Kids Book 3) Bedtime Stories for Kids: Short Bedtime Stories for Children: (Bedtime Stories for Babies, Bedtime stories for Kids Ages 4-8, Uncle Nick's Fun Bedtime ... Nick's Bedtime Stories for Kids Book 1) Marty and Momo Make Bedtime Fun: (Children's book about a Boy and his friend Momo the Monster, Bedtime Story, Rhyming Books, Picture Books, Ages 3-8, Preschool Books, Kids Books) Goodnight, Swampy the Little Monster: (Children's book about the Little Monster Who Gets Ready for Bed, Bedtime Story, Rhyming Books, Picture Books, Ages 3-5, Preschool Books, Kids Book) How Animals Say I Love You: (Children's book about How Animals Express Their Love In Different Ways, Picture Books, Preschool Books, Ages 3-5, Baby Books, Kids Book, Bedtime Story) The Hippo Hop: (Children's book about a Hippo Who Loves To Dance, Picture Books, Preschool Books, Ages 3-5, Baby Books, Kids Book, Bedtime Story) The Angry Dragon: (Children's book about a Dragon Who Learns How To be Patient, Picture Books, Preschool Books, Ages 3-5, Baby Books, Kids Book, Bedtime Story) My Super Dad: (Children's book about a Cute Boy and his Superhero Dad, Picture Books, Preschool Books, Ages 3-5, Baby Books, Kids Book, Bedtime Story

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